

GOLDEN WEST MIDDLE SCHOOL MUSTANG CUISINE



SALADS

Monday- Caesar Salad

Tuesday- Chef Salad

Wednesday- Taco Salad

Thursday- Buffalo Chicken Salad

Friday- Caesar Salad



FAVORITES

Monday- Shredded Chicken on a Bun or Tater Tots, BBQ Sauce & Baked Beans

Tuesday- Beef or Chicken Taco w/ Handmade Corn Tortilla & Golden West Salsa

Wednesday- Noodle Bowl- Noodles w/ Rich Broth and Chicken & Veggie Dumplings

Thursday- Beef or Chicken Taco w/ Handmade Corn Tortilla & Golden West Salsa

Friday- Chicken Torta made w/ Fresh Baked Breas & Topped w/ Pickled Onion, Cilantro, & Queso Fresco



PIZZA

Monday- Cheese or Pepperoni Pizza

Tuesday- Cheese or Pepperoni Pizza

Wednesday- Cheese Pizza

Thursday- Cheese or Pepperoni Pizza

Friday- Cheese or Pepperoni Pizza



BREAKFAST

Monday- Mini Pancakes or Breakfast Pizza

Tuesday- Fresh Baked Fruit Muffin or Breakfast on a Stick

Wednesday- Sausage, Egg, & Cheese on a Fresh Baked Biscuit or Strawberry Bagel

Thursday- French Toast Casserole or Fresh Baked Cinnamon Roll

Friday- Peach & Yogurt Parfait w/ Home-made Granola or Banana Bread

DELI

Monday- Sun Butter and Jelly Sandwich

Tuesday- Turkey, Ham, & Cheese on Fresh Baked Bread

Wednesday- Caesar Wrap

Thursday- Hummus Box

Friday- Italian Deli Sub on a Fresh Baked Roll

GRILL

Monday- Friday



Specials Include:

Hamburger, Chicken Patty, Rib B Que, Corn Dog, Chicken Strips, Spicy Chicken Sandwich, Spicy Chicken Strips, and Hot Dog

DID YOU KNOW?



The Child Nutrition team makes their tortillas from scratch on taco days for the freshest tacos!

Student 2nd Meal Price:

Breakfast: \$1.75

Lunch: \$3.25

Adult Meal Price: Breakfast: \$4.25

Lunch: \$4.25

You must select a half cup of fruit or vegetable or a combination of both with your meal. We offer fruits, vegetables, non-fat chocolate milk, and 1% white milk daily with your meal.

Menu is subject to change.

This institution is an equal opportunity provider.

